

Martha Bird
Curriculum vitae

Born in Newark, New York
Lives and works in Minneapolis, Minnesota
Contact: marthabirdart@gmail.com
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Education

- 2002 MA in Human Development, St. Mary's University, Minneapolis MN;
Focus: Holistic Health
- 1987 BS, with Distinction, Nursing, University of Wisconsin, Madison WI;
Certificate: Women's Studies
- 2018 Women's Art Institute, St. Catherine University, St. Paul MN
- 1989 Gallaudet University, Washington DC (proficient in American Sign Language)

Licensure/Specialty/Certification

- 2019-present Holistic Nursing Baccalaureate—Board Certified, American Holistic Nurses
Certification Corporation
- 2004-present Public Health Nurse, State of Minnesota
- 1999-present Registered Nurse, State of Minnesota

Continuing Education: Mentoring/Individual & Group Instruction

- 2016-present Art Business Mentor, Jes Reyes, Avivo ArtWorks Coordinator
- 2020 *Breathing Baskets* (6 days), Pat Hickman, North Country Studio Workshops,
Bennington VT
- 2019 *Decorative Ash Basketry* (3 days), Clyde Estey, North House Folk School, Grand
Marais MN
Hexagonal Weave - Paper Weavings (4 days), Jackie Abrams, Tradition &
Innovation in Basketry 10, National Basketry Organization, Bowling Green KY
Sculptural Fibers: Open and Closed Forms (5 days), Ann Coddington, Textile
Center, St. Paul MN
Willow Weekend in the Amana's (3 days), Joanna Schanz, Amana IA
- 2018-2019 Art Mentor, Pat Hickman, international fiber artist who has collaborated with
well-known and respected basketmakers
- 2018 *Openings: Netting and Looping* (2 days), Pat Hickman, Textile Center,
Minneapolis MN
Eye Glass Holder, Eric Taylor, Association of Michigan Basketmakers
Conference, Bellaire MI
Divided Flatware Basket, Sharon McElroy, Association of Michigan
Basketmakers Conference, Bellaire MI
Miniature Shaker Woodchip Basket, Joann Kelly Catsos, Association of Michigan
Basketmakers Conference, Bellaire MI

- 2017 *Individualized study* (1 month) with 4 professional Irish willow basketmakers and a fiber artist including Ciaran Hogan, Barry Noyce, Paul Finch, Vincent McCarron. Study in Ireland included willow growing, harvesting, grading, preparation and weaving.
Black Ash Hexagonal with April Stone (2 days), Women's Wood Shop, Minneapolis MN
The Wonders of Willow Bark (5 days), Judy Zugish, John Campbell Folk School, Brasstown, NC
Step By Step Willow Rib Style Basketry (5 days), Jo Campbell-Amsler, Peters Valley School of Craft, Layton NJ
Oval Sieve, Jo Campbell-Amsler, Minnesota Basket Weavers Guild, Minneapolis MN
The Sculptural Form (4 days), Barbara De Pirro, National Basketry Organization Conference, Tacoma WA
Sweetgrass Basketry (2 days), Paula Sundet Wolf, North House Folk School, Grand Marais MN

Current Related Experience

2001-2020 Nurse Consultant, Health Counseling Services, Minneapolis MN

Awards, Recognitions and Artist Residencies.

- 2020 Creative Support for Individuals Grant (for 2021), Minnesota State Arts Board
 2019 Compassionate Community Leader Award, Avivo, Minneapolis MN
 Residency, Anderson Center for Interdisciplinary Studies, Red Wing MN
 Artists in Community Award, Avivo, Minneapolis MN
 Artist Initiative Grant, Minnesota State Arts Board
 Small Business Grant, Vocational Rehabilitation
 2018 Hinge Arts Residency, Springboard for the Arts, Fergus Falls MN
 Honorable Mention—Non-Fiction, *From Michigan to Minnesota...and Reaching back Again*, Artability Art Show, St. Paul MN
 2017-20 Merit Scholarship, North Country Studio Workshops, Women's Art Institute, John C. Campbell Folk School, Peters Valley School of Craft
 2017 Best Social Commentary Award, Artability Art Show, St. Paul MN
 2016 Artist of the Month, Avivo ArtWorks, Minneapolis MN
 1998 Third Place Award, Basketry, Minnesota State Fair, St. Paul MN

Solo Exhibitions

- 2019 *Basketry To Enhance Health*, Hennepin County Library, Minneapolis MN
The Forest Breathes, Otter Tail County Historical Museum, Fergus Falls MN
Martha Bird: Listen, Kaddatz Gallery, Fergus Falls MN
Holistic Practice: A Nurse and Her Art, University of Minnesota, Minneapolis MN

- 2018 *Weaving Wellness: Art, Community and Mental Health Resilience*, MN History Center, St. Paul MN
Basket Medley, Hennepin County Library, Minneapolis MN
- 2017 *Finding Focus: Returning to a First Love*, First Universalist Church, Minneapolis MN
- 2016 *Connections: A Solo Show from Martha Bird*, Avivo Artworks, Minneapolis MN

Juried Exhibitions

- 2020 *Fine Arts Exhibition*, MN State Fair, St. Paul, MN, Allen Christian, juror
- 2019 *inVISIBLE*, UCare Health Plan and CIRCA Gallery, Minneapolis MN
What Is Forbidden, Catherine G. Murphy Gallery, St. Paul MN
- 2017 - 2018 *All Things Considered 9: Basketry in the 21st Century* (touring exhibition), Tacoma, WA; Layton, NJ; Boston, MA (catalogue), Lloyd Herman, juror
- 2017 *Anguish and Hope*, Vine Arts Gallery, Minneapolis MN
Art of Possibility: An International Art Show by Artists with Disabilities, Golden Valley MN
Inauguration: Acts of Resistance, Acts of Kindness, Susan Hensel Gallery, Minneapolis MN

Group Exhibitions

- 2020 *Foot in the Door 5: The Virtual Exhibition*, Minneapolis Institute of Art, MN (online)
Pop-Up Exhibition, Hennepin Theater Trust, Minneapolis MN
Momentary Certainties, Eagan Art House, Eagan MN
Observation: The Human Form, Art Works, Eagan MN
Organized Chaos, Eagan Art House, Minneapolis MN (online)
Peace in the Home (Shalom Bayit), Sabes and St. Paul JCC (online)
- 2019-2020 *THIS IS WOMEN'S WORK: The Women's Art Institute Class of 2018 Celebrates 20 years*, Plymouth Congregational Church, Minneapolis MN
- 2019 *More Basketry, Celebrating Our Community*, Ivan Wilson Fine Arts Center, Bowling Green KY
A Week's Work, Traditional and Innovation in Basketry 10, Bowling Green KY
Art Works = More Than the Sum Of Its Parts, Art Works, Eagan MN
- 2018-19 *Art at Work*, Art Works, Eagan MN
- 2018 *Whimsical Weaving*, Association of Michigan Basketmakers Convention, Bellaire, MI
Having Resiliency, Unity Church-Unitarian, St. Paul MN
Woman's Art Institute 2018 Exhibition, Catherine G. Murphy Gallery, St. Catherine University, St. Paul MN
Art in Bloom, Minneapolis Institute of Arts, Minneapolis MN
A Rare and Revealing Look at Mental Illness, History Theater, St. Paul, MN
A Common Thread, Textile Center, Minneapolis MN
- 2017-18 *To Really See* (touring exhibition), Minneapolis/Duluth MN

- 2017 *Divergent Offerings*, Women's Art Resources of MN, The Show Gallery, St. Paul MN
Up Close: Artability Art Show, Great Hall, St. Paul MN
Student Exhibition, John C. Campbell Folk School, Brasstown NC
Celebrating 20 Years: Minnesota Basket Weaver's Guild, Textile Center, Minneapolis MN
Creative Arts, Minnesota State Fair, St. Paul MN
More to Consider 2, National Basketry Organization, Kittridge Gallery, Tacoma, WA
Water's Edge, Minnesota Landscape Arboretum, Chaska MN
- 2016 *A Rare and Revealing Look at Mental Illness*, History Theater, St. Paul MN
Winter Market, Avivo ArtWorks, Minneapolis MN
- 2006 *Uncommon Senses*, Inside Out Gallery, Minneapolis MN
- 2004 *Transformation—Burn This Show*, Inside Out Gallery, Minneapolis MN

Installations

- 2018-19 *Nebula*, Art Works, Eagan MN
2018 *Nebula*, Avivo, Minneapolis MN

Commissions

- 2017 Avivo ArtWorks (2 basketry sculptures), Minneapolis MN
Minnesota Landscape Arboretum, (9 creel baskets), Chaska MN
- 2007 Interact Center for the Visual and Performing Arts (basketry sculpture), Minneapolis MN
- 2006-16 Private Commissions (3 baskets), Twin Cities MN

Collections

Works held in public and private collections in Minnesota and New York, including Minnesota Historical Society, Newark-Arcadia Historical Society and personal collections. Works held in private collections in Canada and the United States.

Curatorial

- 2018 *Weaving Wellness: Art, Community, and Mental Health Resilience*, Minnesota Historical Society, Minnesota History Center, St. Paul MN
- 2017 *Water's Edge*, Minnesota Landscape Arboretum, Chaska MN
Divergent Offerings, The Show Gallery, St. Paul MN (co-curated with Women's Art Resources of MN)

Lectures/Presentations/Panels/Workshops

- 2019 Panelist, Artist Initiative Grant (Visual Arts), Minnesota State Arts Board, St. Paul MN, November 20-21.
Teaching Artist, *Winter Wellness: Basketry*, Hennepin County Library, Minneapolis MN, December 29

- Teaching Artist, Nature-Based Therapeutic Services, Minnesota Landscape Arboretum & Earl E. Bakken Center for Spirituality & Healing, University of Minnesota, Chaska MN, November 6.
- Presenter, *Reclaiming Basketry: Working Through Stigma To Reach Creative Potential* (various locations)
- Plymouth Congregational Church, Minneapolis MN, December 8.
 - 7500 York Cooperative, Edina MN, November 14.
 - Otter Tail County Historical Museum, Fergus Falls MN, Sept. 21.
 - Anderson Center at Tower View, Red Wing MN, August 20.
 - Fuller Craft Museum, Brockton MA, July 13 (in conjunction with *Rooted, Revived, Reinvented: Basketry in America* exhibit)
- Presenter, *Basket Weaving for Healing PTSD in Veterans (History, Research and Resources)*, Veterans Administration Health Care System, Minneapolis MN, May 14.
- Teaching Artist, *Boost Your Health, Create With Your Hands*, Koinonia Retreat Center, Annandale MN, April 13.
- Co-Presenter, *Stories of Humor, Hope and Healing: Mental Health Recovery Onstage*, History Theater, St. Paul MN, February 19.
- 2018 Presenter, *Foundations: Occupations as Therapy*, Program in Occupational Therapy, Center for Allied Health Programs, University of Minnesota, Minneapolis MN December 12; Rochester MN December 13.
- Presenter, *Reclaiming Basketry: Working Through Stigma to Reach Creative Potential* (various locations)
- Association of Michigan Basketmakers Convention, Bellaire MI, October 24.
 - Minnesota Historical Society, Minnesota History Center, St. Paul MN, October 9.
 - Health Counseling Services, Minneapolis MN, September 10.
 - Association of Universalist Women, Annandale MN, April 14.
 - Kaddatz Galleries, Fergus Falls MN March 20.
 - Society of Arts + Crafts, Boston MA, March 31.
- Presenter, *Basketry: Beyond Stigma*, Vail Place, Minneapolis MN, January 16.
- Co-Presenter, “This is Us” Mental Health Service, First Universalist Church, Minneapolis MN, October 7.
- Artist Talk, Minnesota History Center, St. Paul MN, September 25.
- Artist Talk, Catherine G. Murphy Gallery, St. Paul MN, July 22.
- Artist Talk, Kaddatz Gallery, Fergus Falls MN, March 13.
- Reading, History Theater, St. Paul MN, February 13.
- 2017 Artist Talk, The Show Gallery, St. Paul MN, November 11.
- Co-Presenter, “Collage of Voices” Mental Health Service, First Universalist Church, Minneapolis MN, October 1.
- Panelist, *To Really See*, Hennepin County Library, Minneapolis MN, September 27.
- Presenter, *Art and Ireland*, Vail Place, Minneapolis MN, September 14.
- Curator Talk, Minnesota Landscape Arboretum, Chaska MN, April 29.
- Reading, Mental Health Ministry, St. Joan of Arc, Minneapolis MN, April 10.
- Reading, Avivo, Minneapolis MN, March 17.

- Presenter, *Service Dog Etiquette*, Land O'Lakes Kennel Club AKC Dog Show, St. Paul MN, January 6.
- 2016 Reading, History Theater, St. Paul MN, December 14.
- Panelist, *Storytelling Through Visual Art: A Panel Discussion*, Zagzum Conference for Visual Artists With a Lived Experience of Mental or Physical Disability, Minneapolis MN, September 10.
- Teaching Artist, Artability, People Incorporated, Minneapolis MN, August 20.
- Presenter, *Understanding Service Animals*, Vail Place, Minneapolis MN, March 16.
- Presenter, *Clubhouses in Hawaii*, Vail Place, Minneapolis MN, February 23.
- 2003 Presenter, *Pleasure, Passion, and Play: A Pleasure Based Wellness Model*, Annandale MN, April 10.

Publications/Media as Author

- 2018 *Members in Print: Vessels*, Catalogue Exhibit, National Basketry Organization Magazine (juried by Jane Sauer)
- From MI to MN...And Now Writing Back to MI*, Impressions: A Writing Anthology 2018, Artability, St. Paul MN
- From MI to MN...and Reaching Back Again*, Impressions: A Writing Anthology 2018, Artability, St. Paul MN.
- From MN to Ireland... and Back Again*, Impressions: A Writing Anthology 2018, Artability, St. Paul MN
- From Michigan to the MN History Center*, Association of Michigan Basketmakers, Basket Reeder, volume MMXVIII (Issue 1), p. 10; Spokes and Weavers, Minnesota Basket Weavers Guild Newsletter, April 2018 Year 22 Issue 2 p. 6.
- PEG Access Television, Fergus Falls, MN screening *Reclaiming Basketry: Working Through Stigma To Reach Creative Potential*, March 23.
- 2017 *From Minnesota to Ireland...and Back Again* (Part 3), Association of Michigan Basketmakers, Basket Reeder, volume MMXVII (issue 3), p. 10-11.
- From Minnesota to Ireland...and back again* (Part 2), Irish Basketmakers Association Newsletter, December 2017 p. 2-3.
- From Minnesota to Ireland...and back again* (Part 1), Irish Basketmakers Association Newsletter, August 2017 p. 9.
- Summer Whirlwind: Art, Travel and Basketweaving*, Vail Place Visionary Journal, volume 2 (Issue 10) p. 6.
- From Michigan to Minnesota....and Reaching Back Again Part 2*. Association of Michigan Basketmakers Basket Reeder, volume MMXV11 (Issue 2), p.11.
- From Michigan to Minnesota....and Reaching Back Again Part 1*. Association of Michigan Basketmakers Basket Reeder, volume MMXV11 (Issue 1), p.27.
- 2002 *Pleasure, Passion, and Play: A Pleasure Based Wellness Model*, St. Mary's University, Minneapolis MN.

Bibliography

- 2020 Laine Bergeson Becco, "The wonders of weaving," *Star Tribune Magazine*, Minneapolis, MN, March 22, 2020
- 2019 Kelly Smith, "Free Twin Cities art workshops teach people with mental illness new skills, boost confidence," *Star Tribune*, Minneapolis, MN, October 4, 2019.
 Johanna Armstrong, "Artist shows the limitlessness of basketry in two exhibits," *The Daily Journal*, Fergus Falls, MN, September 14, 2019.
 Johanna Armstrong, "Many ways to heal," *The Daily Journal*, Fergus Falls, MN, September 14, 2019.
 "Special Exhibit Coming To Fergus Falls," *Battle Lake Review*, Battle Lake, MN, September 4, 2019, p. 2.
 "OTCHS, Kaddatz to showcase joint exhibit," *The Daily Journal*, Fergus Falls, MN, September 3, 2019, p. A3.
 Ruth Nerhaugen, "Weaving Toward Wholeness," *Republican Eagle*, Red Wing, MN, August 17, 2019, p. B6.
- 2018 Kristin Goosen, "Baskets and Books: Two Hinge Artists at the Kirkbride Residency bring their talents to Fergus Falls area," *Daily Journal*, Fergus Falls, MN, April 4, 2018.
Spokes and Weavers, MN Basket Weaver's Guild, Minneapolis MN April 2018 year 22 issue 2, p. 4.
 Kristin Goosen, "Learning the Perigord Technique" *Daily Journal*, Fergus Falls, MN, March 17, 2018.
- 2017 "Member Profile: Martha Bird," *Vail Place 2017 Annual Report*, Minneapolis MN.
 Kelly Savage, "Business Spotlight—Martha Bird: Artist," *Corcoran Newspaper*, Minneapolis MN, 2017
 "Martha Bird—The Art of Recovery," *Vail Place Newsletter*, Minneapolis, MN, Fall 2017, p. 5.

Website Publications

Laine Bergeson Becco, "Porcupine quills, hand-reaped willow and hours of labor go into these woven wonders," *Star Tribune*, March 23, 2020. <https://www.startribune.com/porcupine-quills-hand-reaped-willow-and-hours-of-labor-go-into-these-woven-wonders/569030052/>
 "Holistic Practice: A Nurse and Her Art," University of Minnesota, www.continuum.umn.edu/2019/01/holistic-practice/
 Procentive, "Login Page," Procentive, May 2018 (2 week run). <https://procentive.com/2018/05/02/featured-artwork-chakra-burst-by-martha-bird/>.
 Procentive, "Login Page," Procentive, June 2017 (2 week run). www.app.procentive.com.
 "Martha is an Artist. Period," Avivo, <https://avivomn.org/impact/success-stories/marthas-story/>.
 "Meet Our Family," Vail Place. www.vailplace.org/member-profile-martha-bird/.
 "Martha Bird at Minnesota History Center Library Gallery," National Basketry Organization, <http://nationalbasketry.org/martha-bird-at-minnesota-history-center-library-gallery/>
 "A Common Thread Series 7-UP," Textile Center, <https://www.facebook.com/TextileCenterMN/posts/10155505587778173>
Water's Edge (youtube), Chance Wellnitz Minnesota Daily April 28, 2017

Print Media

Return Again, *Uptown Updates*, Vail Place, September 2020.

Digital Media

Martha becomes professional artist and mental health advocate, with Avivo's help, Avivo Minute, <https://youtu.be/21ALgEkWhtg>

Martha Bird Exhibits, National Basketry Organization, <http://nationalbasketry.org/news-for-members/>

Chakra Burst (article photo), "CARMA for Direct Support Professionals Cultivating Awareness, Resilience, Mindfulness and Agility," *Frontline Initiatives*, volume 15, number 2, 2019. <https://publications.ici.umn.edu/frontline-initiative/152/dsp-self-care>.

Mind Body Solutions e-newsletter, "Humanity Unleashed" section, September 2019. https://myemail.constantcontact.com/What-new-beginning-is-calling-out-to-you-.html?soid=1112873799037&aid=dd6_v38R-BU

AdaptThis blog, August 2019. <https://adaptthis.tumblr.com/post/187200935335>

Textiles on the Town, Textile Center, August 8, 2019.

Current Professional Membership

National Basketry Organization

Minnesota Basket Weaver's Guild

Minnesota Holistic Nurses Association

Avivo ArtWorks Collective

Related Experience

- 2020 Teaching Artist Mentor, cultural exchange partnership with Lakota woman, Minneapolis, MN
- Panelist, Flexible Support Grant, Minnesota Regional Arts Council
- 2019 Artist Leader, Art to Change the World (South High School Project), Minneapolis, MN
- Instructional Support Staff, Program in Occupational Therapy, Center for Allied Health Programs, University of Minnesota
- Patrick Dougherty Sculpture-Building Volunteer (5 days), *YouBetcha*, Minnesota Landscape Arboretum, Chaska MN
- 2018-20 Subject Matter Expert (Basketry), Scouts BSA
- 2018-19 Lead, Public Installation Mural Artist, Avivo ArtWorks, Minneapolis MN
- 2018 Subject Matter Expert (Basketry), USGS Museum, Reston VA
- Guest Lecturer, Program in Occupational Therapy, Center for Allied Health Programs, University of Minnesota
- 2017 Organizer, Mental Health Service, First Universalist Church, Minneapolis MN
- 2016 Organizer, JFCS Mental Health Education Project Conference Resource Fair & People Incorporated's Artability, Minneapolis MN

- Mental Health Champion, Mental Health Connect & First Universalist Church, Minneapolis MN
- Basketry demo, North Star Farm Tour, Windswept Hill Farm, Farmington MN
- Grassroots Organizer, Mental Health Connect Collaborative, First Universalist Church, Minneapolis MN
- 2003-07 Member, 26th Street Artists: Pre-vocational Art Program, Avivo, Minneapolis MN
- Volunteer, Interact Center for the Visual and Performing Arts, Minneapolis MN
- 2003 Creator, *Twin Cities Mental Health Resources* manual, First Universalist Church, Minneapolis MN
- 2001 Committee Member, Complementary and Alternative Medicine Committee, Allina Hospitals and Clinics, Minneapolis MN

Gallery Affiliations

ArtForce, Minneapolis MN

References

Available upon request